



**Help animals & earn  
service hours!**



# **BOREDOM BUSTERS**



**Charleston Animal Society**  
Since 1874  
Leadership. Tradition. Excellence.

# TABLE OF CONTENTS

---

<b>Cat Enrichment Items.....</b>	<b>2-15</b>
Catnip Rat Toy (3 hours).....	3,4
Catnip Fish Toy (5 hours).....	5,6
Catnip Sock Toy (1 hour).....	7
Kitty Condos (2 hours).....	8
Cork Cat Toy (1 hour).....	9
Cat Wand (2 hours).....	10
Cat Pom-Poms (1 hour).....	11
Cat Puzzle Feeder (1 hour).....	12
Cat Scratchers (hours vary).....	13,14,15
<b>Dog Enrichment Items.....</b>	<b>16-24</b>
Fabric Braids (1 hour).....	17
Rope Toys (1 hour).....	18
PVC Food Dispenser (3 hours).....	19
Snack Wraps (1 hour).....	20
Pumpkin and Oat Balls (2 hours).....	21
Cookie Sandwiches (1 hour).....	22
Octopus Dog Toy (3 hours).....	23
Crinkle Sock Toys (1 hour).....	24
<b>Small Animal Enrichment.....</b>	<b>25-28</b>
Cap Rattles (1 hour).....	26
Hanging Chew Toys (2 hours).....	27
Rolling Rattles (1 hour).....	28
Puzzle Balls (1 hour).....	29
<b>General Items.....</b>	<b>30-35</b>
No Sew Blanket (1 hour).....	31
Rice Socks (2 hours).....	32
"Pennies for Pets" (hours vary).....	33
Donation Collection (hours vary).....	34,35

# CAT ENRICHMENT



# CATNIP RAT TOY

---

15 toys = 3 hours

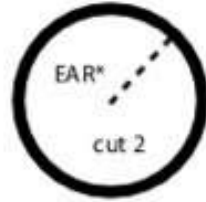
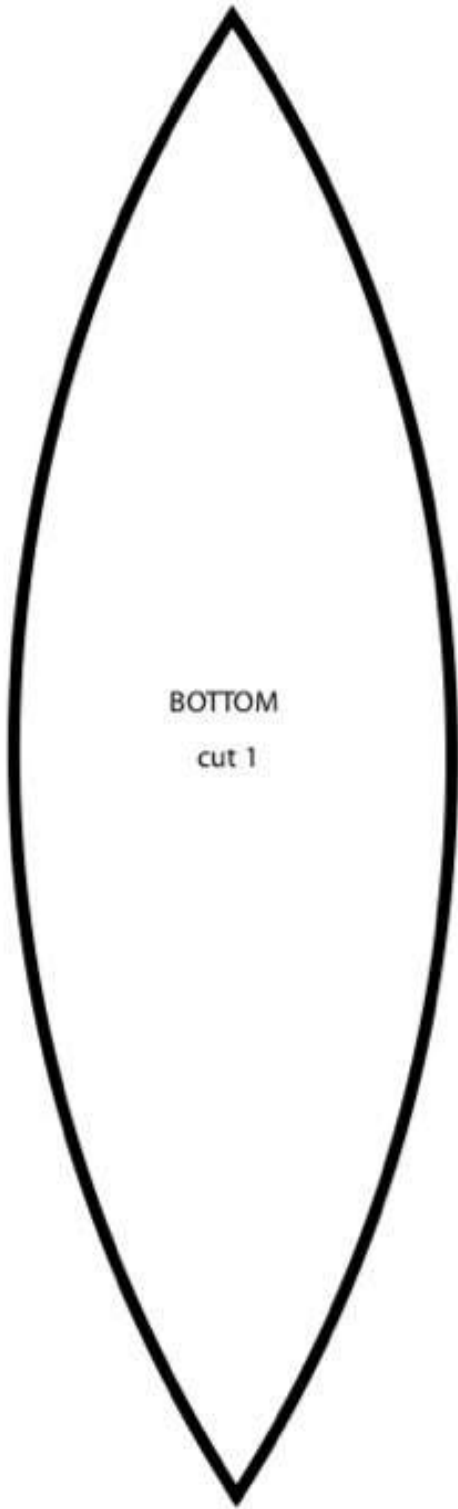


## Supplies:

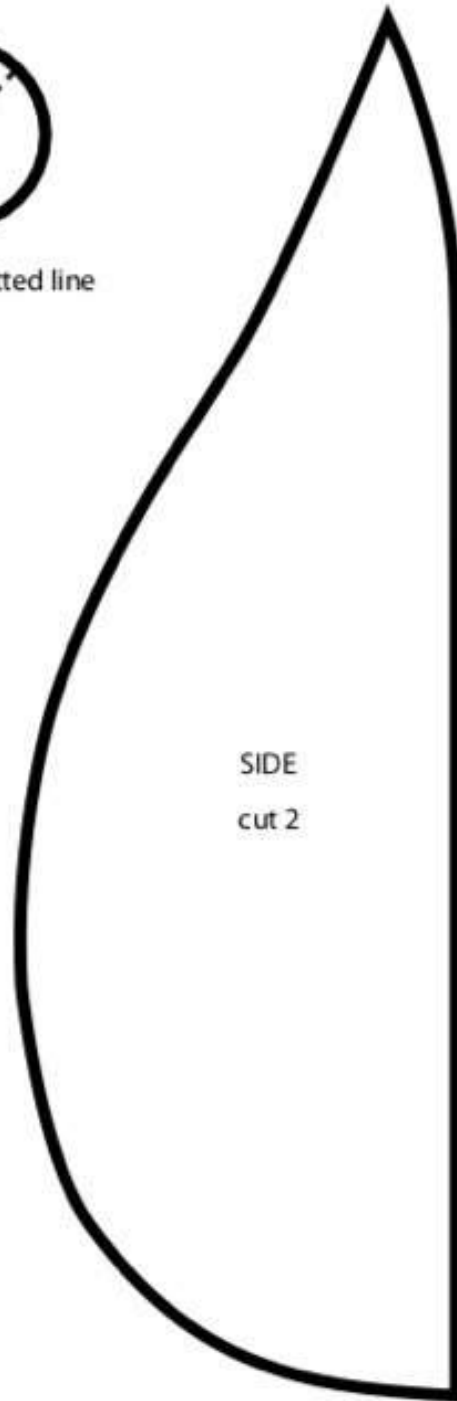
- template (see next page)
- felt
- rope
- cotton batting
- catnip
- scissors
- hot glue gun

## Directions:

1. Trace template onto felt and cut out shapes. You will need one bottom piece, 2 side pieces, and 2 ear pieces for each toy.
2. Glue the top edges of the 2 side pieces together, and then glue the bottom piece of felt to the bottom edges of the side pieces, leaving an opening in the back to insert stuffing.
3. Stuff the inside of your rat with cotton batting and catnip.
4. Cut a piece of rope for your rat's tail, and stuff it in the back of your rat toy. Seal toy closed with glue.
5. Glue on the ears. To add eyes, you can cut out small felt circles or draw them on with a marker.



\*cut slit on dotted line



# CATNIP FISH TOY

---

24 toys = 5 hours



## Supplies:

- template (see next page)
- fabric
- pins
- pinking shears
- cotton batting or wool scraps
- piece of paper
- catnip
- needle and thread

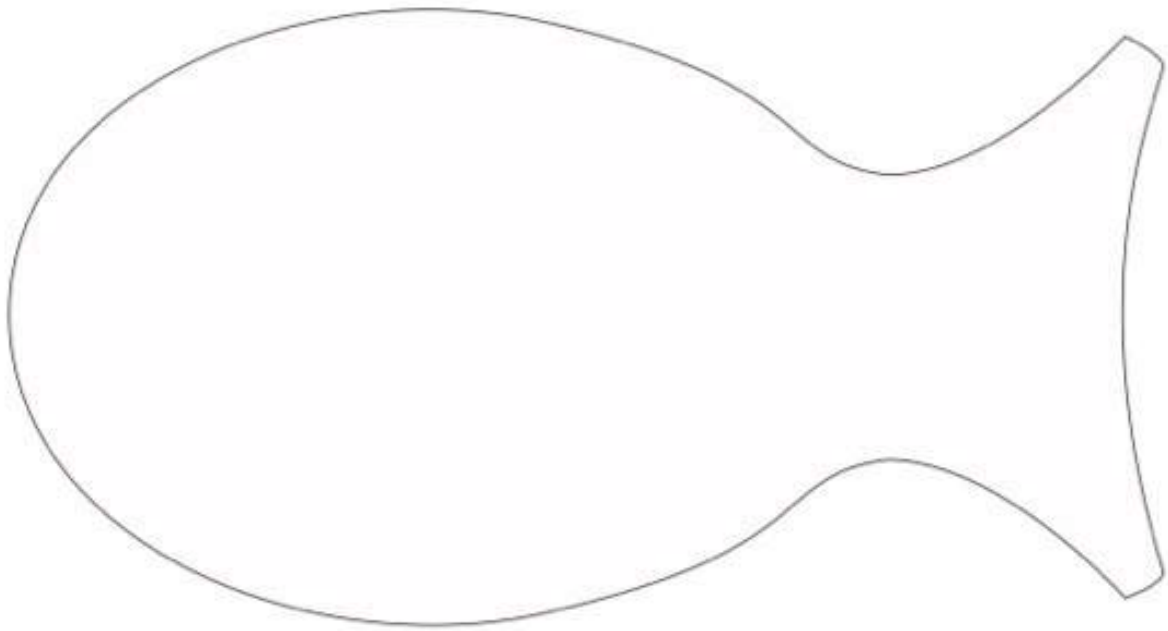
## Directions:

1. Trace template onto 2 pieces of fabric and cut out shapes.
2. Pin right sides together, leaving 1/4" seam allowance. Sew seam, and leave 1.5" opening for filling.
3. Trim seams with pinking shears.
4. Turn right side out. Press seams flat.
5. Stuff with cotton batting or wool scraps until firm.
6. Shape a piece of paper into a funnel, and use it to add 1-2 tablespoons of dried catnip (or skip step 5 and fill the whole toy with catnip).

FISH

TEMPLATE

---



# CATNIP SOCK TOY

---

15 toys = 1 hour



## Supplies:

- small (kid-sized) sock
- dried catnip
- cotton batting or fabric scraps

## Directions:

1. Place small amount of dried catnip in sock.
2. Stuff the sock with fabric scraps or cotton batting, leaving some room to tie off sock.
3. Tie sock tightly.
4. Draw a fish face on the sock for optional decoration.



# KITTY CONDOS

3 condos = 2 hours



## Supplies:

- sturdy cardboard box(es) (must be large enough for kitten to fit inside; larger boxes work better)
- pencil
- decorating items: markers/colored pencils/crayons, yarn, feathers, pipe cleaners, stickers, etc.
- retractable razor blade or utility knife
- glue or tape

## Directions:

1. Seal cardboard box on all sides.
2. Use a pencil to trace any doors or windows you wish to add. Have an adult assist you in cutting these out with a utility knife.
3. Decorate the box as you wish. The more fun items (feathers, pipe cleaners, ribbon, etc.), the more fun it will be for cats to play in! Get creative!

**\*For a fancier 2-level option (and to earn TRIPLE hours) visit <https://www.marthastewart.com/921522/how-make-cardboard-cat-playhouse>**

# CORK CAT TOY

---

30 toys = 1 hour



## Supplies:

- wine corks (corks can be bought at craft stores, too)
- hot glue gun or epoxy glue
- scissors or screwdriver
- accessories such as feathers, pipe cleaners, jute rope, or raffia string

## Directions:

1. Use a pair of scissors or a screwdriver to make a 1/2-3/4" hole in one end of the cork. (TIP: Boiling the corks in a pot of hot water makes them more pliable, and easier to cut. For extra fun, you can also add some catnip to your pot of water to infuse the corks with catnip.)
2. Twist your toy accessories together to make a point at one end.
3. Put a drop of hot glue/epoxy glue into the hole and then insert your accessories (pointed end). Let dry completely.

# CAT WAND

---

6 wands = 2 hours



## Supplies:

- wooden dowel rod
- scissors
- duct tape
- fabric pieces: cut strips of fabric/felt, ribbon, clean shoe laces
- optional: markers, feathers, pipe cleaners

## Directions:

1. Cut strips of fabric, ribbon, etc. to hang from your wand. Lengths can vary.
2. Optional: Form pipe cleaners into fun shapes, pick out colorful feathers. Attach pipe cleaners and feathers onto one end of each of your strips of fabric, ribbon, etc. You can either tie your accessories on, or use a small piece of duct tape to wrap around both accessory and fabric/ribbon.
3. Tie or tape all strips together at one end (if you put pipe cleaners or feathers on your strips, tie strips together at the opposite end from where these are).
4. Attach to a dowel rod by wrapping a strip of duct tape around your strips of material and your dowel rod (for a fun dowel rod, decorate with non-toxic markers).

# CAT POM-POMS

---

15 toys = 1 hour



## Supplies:

- fleece
- fabric Scissors
- optional: catnip

## Directions:

1. Cut several small strips of fleece, about 1/4" by 2-3".
2. Stack at least 20 small strips together. Use another fleece strip to tie the stack together in the center.
3. Each puff can be attached to the ends of a braided piece of fleece or left separately.
4. Optional: Sprinkle catnip on it for additional fun!

**\*Please only use fleece to tie together the pom-poms as yarn can become a safety hazard if torn apart or ingested.**

# CAT PUZZLE FEEDER

---

3 boxes = 1 hour



## Supplies:

- shoebox (or similar-sized box)
- toilet paper or paper towel rolls
- hot glue gun
- scissors

## Directions:

1. Cut your toilet paper or paper towel rolls so that they are the same length as the height of your box.
2. Place the tubes in the box, gluing each one in place as you go. Continue until the box is completely full with the tubes.

**\*Please do not put any food inside of your box.** Shelter staff will do that prior to giving to the cats. To help out, you can bring in a bag of cat treats or dry cat food to donate to be used with it later!

# CAT SCRATCHERS

---

## Option 1: Shoebox Scratcher

2 scratchers = 3 hours



## Supplies:

- shoebox or similar-sized cardboard box
- large piece of cardboard (flattened boxes work well!)
- scissors
- retractable razor blade or utility knife
- glue
- optional: catnip

## Directions:

1. Use a utility knife to cut cardboard into strips that are the same length and height as your box. (Tip: It is easiest to first cut a piece that fits nicely, and then use that as a tracer for your other pieces. You can trace a bunch onto your flattened cardboard boxes prior to cutting them out to save time.)
2. Place your strips side by side into the box (**corrugated edge up**), putting glue in between each strip to keep everything together. Continue placing cardboard in the box until it is completely full.
3. For added fun, you can sprinkle your scratcher with some dried catnip.

\* For more scratcher options, see pages 14 & 15.

## Option 2: Circle Scratcher

1 scratcher = 2 hours



Directions: <http://www.designsponge.com/2009/01/diy-project-recycled-cardboard-kitty-pad.html>

## Option 3: Traffic Cone Scratching Post

1 scratcher = 2 hours



Directions: <http://www.sofancyblog.com/2013/10/make-it-traffic-cone-cat-scratching.html>

## Option 4: Fancy Scratching Post

1 scratcher = 4 hours



**Directions:** <https://www.dreamalittlebigger.com/post/diy-cat-scratching-post-that-literally-lasts-for-years.html>





# DOG ENRICHMENT



# FABRIC BRAIDS

---

20 toys = 1 hour



## Supplies:

- fleece, cotton fabric, or old t-shirts
- optional: tennis ball, dog toy

## Directions:

1. Cut fabric into approximately 4" wide strips.
2. Take 3 strips of fabric, and use a regular plait braid to braid all 3 strips together, tying it off in a knot at both ends.
3. Optional: To make your toy even more fun, you can remove the center of a toy such as a tennis ball, and string it through.

# ROPE TOYS

---

1 toy = 1 hour



**Rope toys are a more advanced version of our fabric braids, and are far more challenging to make. However, their sturdiness is great for high-energy dogs and heavy chewers. The extra time it takes you to make these toys will earn you extra hours, and will be very appreciated by our dogs and our staff!**

**Visit the pages below for tutorials.**

<https://www.instructables.com/id/RING-DOG-TOY/>

<https://www.instructables.com/id/Dog-Toys-for-Heavy-Chewers/>

<https://www.instructables.com/id/How-to-make-a-ball-and-rope-dog-toy/>

# PVC FOOD DISPENSER

---

5 dispensers = 3 hours



## Supplies:

- 2 inch PVC pipe cut into 12 inches long
- 2 inch PVC cap
- 2 inch threaded cap
- 1/2 inch drill bit
- 3/4 inch drill bit

## Directions:

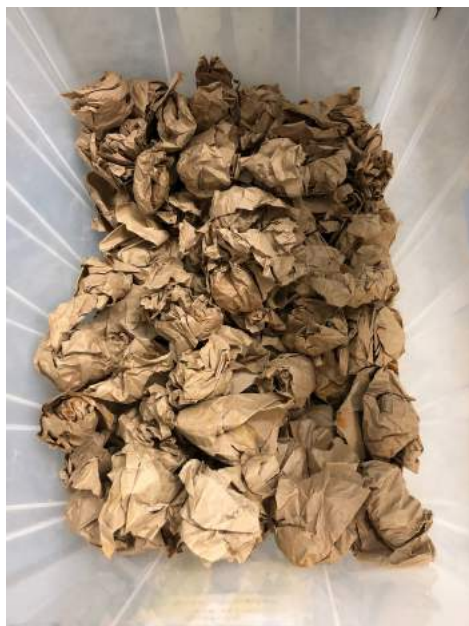
1. Begin by drilling three to five 1/2 inch pilot holes along the outside of your pipe. Please ask an adult to help you with drilling!
2. Drill them in with the 3/4 inch drill bit.
3. Fit the cap onto one end.

**\*Please do not fill your PVC dispenser with food. Staff will do this prior to giving the toy to a dog. To help us out, you can donate a bag of dry dog food to be used with it later!**

# SNACK WRAPS

---

60 wraps = 1 hour



## Supplies:

- brown packing paper
- mixing bowl
- fillings: Pup-Peroni treats, cheese powder, Milk-Bones, Purina Moist & Meaty treats, peanut butter powder

## Directions:

There are 3 varieties of snack wrap. Below are the exact portions for each wrap. Please wrap the portions in a piece of brown packing paper (size should be roughly 12" by 18", but does not have to be exact, and can vary). To make a large batch, use a mixing bowl to toss the type of treat with the type of powder.

1. **Pup-Peroni:** 3-5 small pieces (1" or less) of Pup-Peroni's tossed in cheese powder.
2. **Cheesy Delight:** 3-5 broken pieces of Milk Bones tossed in cheese powder.
3. **Moist & Meaty:** 1 tablespoon of Burger Moist & Meaty tossed in peanut butter powder.

# PUMPKIN AND OAT BALLS

---

5 dozen balls = 2 hours



## Supplies:

- 3/4 cup pumpkin puree
- 1/4 cup water
- 2 1/2 cups oats (additional oats as needed for rolling)

## Directions:

1. In a large bowl, combine the pumpkin puree and water. Stir well to combine.
2. Add the 2 1/2 cups oats to the pumpkin mixture and stir well to fully mix all of the ingredients.
3. Using your hands, roll the mixture into small spheres and set them aside.
4. After you've rolled the mixture into spheres, spread additional oats on a plate, and roll the spheres in them to create a coating on the outside.
5. Refrigerate the finished treats for 24 hours prior to bringing them to the shelter to allow everything to solidify.

# COOKIE SANDWICHES

---

50 sandwiches = 1 hour



## Supplies:

- Milk Bones
- filling: peanut butter, oats, mashed bananas, crumbled bacon, bacon/beef fat (\*you can use single ingredients like PB only, or any combination of any of the above ingredients)

## Directions:

1. Spread your filling onto one Milk Bone, and then put another Milk Bone on top. Super easy!
2. Place treats in freezer and keep frozen for 24 hours prior to bringing to the shelter to allow everything to solidify.

# OCTOPUS DOG TOY

10 toys = 3 hours



## Supplies:

- tennis Ball
- t-shirt
- scissors

## Directions:

1. Lay t-shirt on a flat surface and make three cut marks. Two pieces will be 5-6" and one piece will be about 2" wide. Cut straight across from marks and you will have three circular pieces. **(see photo 1)**
2. Cut along ONE of the seams of each piece to create long strips of fabric.
3. Lay the two thick strips down in the shape of an X and place the ball in the middle. **(see photo 2)**
4. Pull all four ends up, covering the ball. Use the skinny strip of material to tightly tie and secure the fabric at the base of the ball (using a double knot). You will have 4 strips hanging from the ball.
5. Cut each strip into three even sections. This will leave you with 12 strips hanging from the base of the tennis ball. **(see photo 3)**
6. **Tightly** braid three strips together and knot them at the bottom. Repeat until you have 4 braids complete. **Final product will look like photo 4.**



# CRINKLE SOCK TOYS

---

30 toys = 1 hour



## Supplies:

- long sock
- water bottle (with cap and label removed)
- optional: non-toxic markers

## Directions:

1. Insert a clean and empty water bottle (with cap and label removed) into a sock. If you have a plain white sock and would like to make it more fun, you can decorate your sock with non-toxic markers.
2. Tie a knot at the open end of the sock, securing the water bottle in place.



# RABBIT ENRICHMENT



# CAP RATTLES

---

5 rattles = 1 hour



## Supplies:

- plastic bottle caps
- heavy twine or sisal rope
- drill and drill bit

## Directions:

1. Drill a hole through the middle of each plastic lid. Ask an adult to help with drilling!
2. Cut rope or twine about 10" long.
3. Then, **either** A. Tie one knot, larger than the hole you drilled, at about the 2" mark. Thread a cap on the rope. Make another knot to keep the cap in place. Slide another cap onto the rope and tie another knot to keep the cap in place. Continue to do this until you have about 4-5 caps on the rope. Tie the two ends together to make a circle. **OR** B. Make a knot at about 2", slide all the caps on the rope without knotting in between. Tie the two ends together to make a circle. This allows the cap to move freely around the rope.

**\*Be sure to make the circle small enough that it would not get stuck around a rabbit's head.**

*For more information or ideas go to:*

<http://www.budgetbunny.ca/category/rabbit-toys/page/4/>

# HANGING CHEW TOYS

---

5 toys = 2 hours



## Supplies:

- sisal rope
- scissors
- untreated wood pieces (If using colored wood, please make sure it is non-toxic)
- drill (only needed if wood pieces do not have holes)
- optional: popsicle sticks, untreated wicker, cardboard, raffia, bells, etc.

## Directions:

1. Drill holes in center of wood if needed.
  2. Cut rope to be about 12" long.
  3. Tie a knot at top of rope. Leave enough room to allow rope to hang if desired.
  4. String objects onto the rope in any fashion you desire. Leave at least two inches at the base of the rope.
  5. Tie a knot at the base of the rope to keep objects on the rope.
- Optional: Add a bell at the base of the toy.

*For inspiration and to purchase appropriate supplies go to Bless Their Cottontails: <https://www.blesstheircottontails.com.au/>*

# ROLLING RATTLES

---

10 rattles = 1 hour



## Supplies:

- small clean canister with lid (no larger than 4-5" wide)
- clean pebbles or beads
- kraft paper or paper shopping bags
- sisal rope or twine

## Directions:

1. Rinse and dry the canister and pebbles or beads.
2. Place pebbles or beads in the canister and close lid on top.
3. Cut large piece of Kraft paper or paper bag (at least 6" wider than canister) and lay flat.
4. Roll the canister in the paper multiple times to create several layers around canister to prevent the rabbit from easily tearing off the paper.
5. Twist the ends on both sides of the canister and tie off with rope or twine. Wrap rope several times and make several knots to prevent it from being easily chewed off.
6. If there is excess paper on each end, cut it so there is only a few inches at each end.

# PUZZLE BALLS

---

30 balls = 1 hour



## Supplies:

- paper towel or toilet paper rolls
- scissors

## Directions:

1. Cut toilet paper/paper towel rolls into approx. 1/4" rings.
2. Layer rings together at different angles. After about 5 rings, a ball will start to take shape. Keep adding rings until it looks like a full sphere.
3. Optional: Donate a bag of bunny treats for staff to use to stuff inside!

# GENERAL ITEMS



# NO SEW BLANKET

---

2 blankets = 1 hour



## Supplies:

- fabric scissors or very sharp scissors
- fleece fabric

## Directions:

1. Determine how large of a blanket you would like to make. (For example, a 2' by 3' is a good size blanket for a small kitten, but larger blankets can be used for adult cats and small or large dogs) Cut 2 pieces of fabric so that they are the same exact size.
2. Place the 2 pieces of fabric on top of one another. Going around the edges, cut strips about 1" wide and 5" long around the entire thing (cutting through both pieces of fabric at the same time).
3. Once all sides are cut, take the top and bottom strips and knot them together until the all of the strips are tied together.



# RICE SOCKS

20 socks = 2 hours



## Supplies:

- tube socks
- markers
- rice
- sheet of paper

## Directions:

1. Decorate socks with markers. Be creative and colorful! Your socks will be used to help dogs and cats recover from surgery.
2. Use an 8.5" by 11" piece of paper to roll into a cone (or use a funnel if you have one at home!) to use as a funnel to get the rice into the sock. Pour rice into sock. The amount of rice can vary as socks will be used for small and large animals.
3. Tie a knot at the end of the sock.

# "PENNIES FOR PETS"

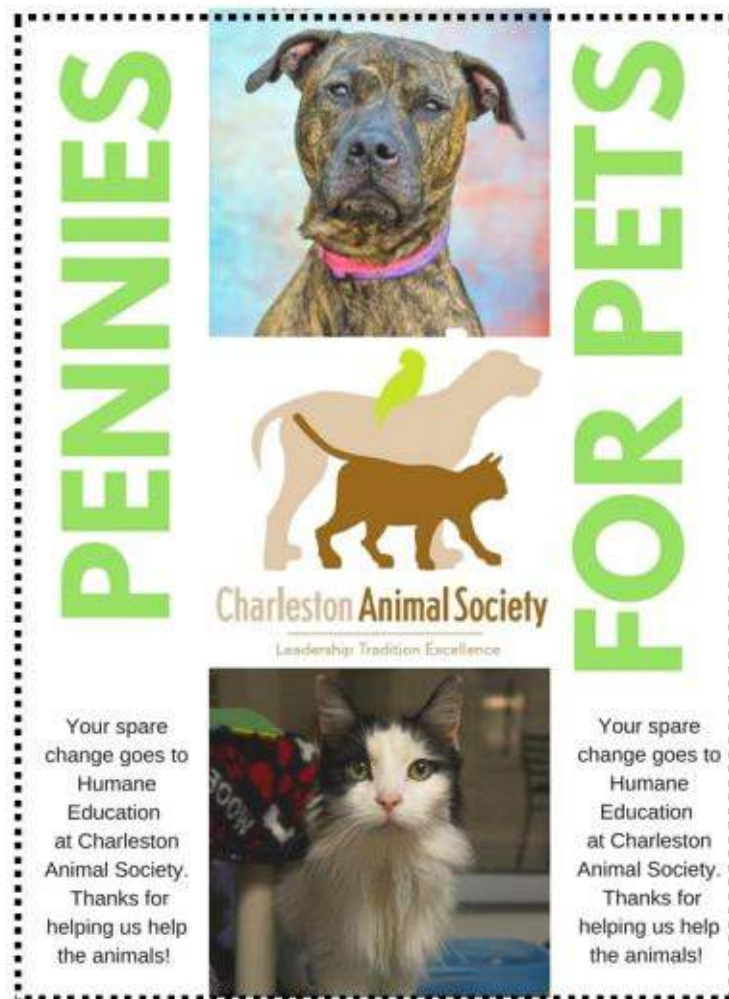
\$10.00 = 1 hour



Cut out logo

## Supplies:

- Empty coffee can or gallon jug with lid
- Colored construction paper
- Tape
- Markers/crayons
- CAS logo labels



## Directions:

1. Cover your container with construction paper. Decorate the paper with pet drawings. Cut out labels and attach somewhere on container.
2. Visit a local business (school, church, gas station, etc.) and explain why you are collecting money for Charleston Animal Society. Give your container to the business owner if they say it's okay, and stop by weekly or more often to check on your container.
3. At the end of your drive or when your container is full, count or roll coins, and then bring in to CAS!

# DONATION COLLECTION

Charleston Animal Society is always happy to accept any monetary or in-kind donations. Below is a list of ideas for raising money or collecting supplies for our animals.

See page 35 for a list of items needed and how many hours you can earn for them.



1. Host a lemonade stand.
2. Have a bake sale.
3. Ask friends/family members/neighbors. (Charleston Animal Society will accept lightly used bedding, towels, sheets, and certain pet items. Many people have these things lying around the house!)
4. Have a yard sale.
5. Put a donation bin at a local business.
6. Make crafts/DIY items to sell.
7. Do chores or yard work in exchange for money/donation items.
8. Ask a local business (with a big parking lot) if you can host a car wash outside to raise money.
9. Ask for donations for CAS for your birthday, Christmas, etc. instead of gifts for yourself.
10. Write donation request letters to people in the community.

-Non-clumping cat litter (please no scoop-able litter, only non-clumping!): 5 containers/bags = 1 hr.

-Hot Dogs: 10 packages = 1 hr.

-Canned Kitten Food: 12 cans = 1 hr.

-Dog/Cat Toys: 20 toys = 1 hr.

-Canned Puppy & Adult Dog Food: 12 cans = 1 hr.

-Kong Medium/Large: 1 = 1 hr.

-Kong Small: 2 = 1 hr.

-Catnip: 10 containers = 1 hr.

-Dog/Cat Training Treats: 5 lbs. = 1 hr.

-Dry Dog/ Cat Food: 5 bags = 1 hr.

-Rice: 10 lbs = 1 hr.

-Carefresh Small Animal Bedding (no wood chips please!): 2 bags = 1 hr.

**These numbers are just estimates. Your final hours can only be determined by our Humane Education staff members (Heather Grogan, De Daltorio, Kylie Wiest, and/or Jess Lichty).**

**Please, call ahead to schedule drop-off & sign-off on hours at  
843-329-0770 or [hgrogan@charlestonanimalsociety.org](mailto:hgrogan@charlestonanimalsociety.org)**

**Thank you  
so much for your  
hard work!**

